

Momentum: meditations to effect change

guided meditations by Sue Bishop and Steve de Souza

Are you finding it hard to make changes in your life? Whether you're looking for motivation, inspiration or clarity, the five Momentum tracks can help you bring about change.

Manifest - create the things you want in life

Chakra Therapy - heal life issues and your chakras

Heal - allow angels to restore your mind, body and soul

Focus - a brief manifestation meditation

De-stress - relax and let go of your worries

Where to purchase?

In the effort to stay green, the CD is currently being prepared for sale on iTunes and should be available to download from December onwards for \$16.99.

Hard copies of the CD are currently available from the Chiara College for \$25. Just email or call the college for more details or ask your local stockist to order you one!



Sue Bishop

Sue Bishop, Principal of the Chiara College of Metaphysics, is one of Australia's leading metaphysical and motivational speakers. She's a perceptive and informative professional delivering more than 20 years' expertise in the field of metaphysics and parapsychology. As a truly gifted psychic and experienced presenter, Sue knows how to reach and captivate people with her down-to-earth yet intelligent and lively manner.



Steve de Souza

Steve de Souza has been playing and composing music in a variety of genres for over 20 years. As a student of metaphysics he discovered how to connect with his intuition and has since been guided to write music for healing. Steve loves the way music makes him feel and wants to share his inspiration with others.

"I have listened to Sue Bishop's meditation cd and I recommended it to all my clients as an excellent meditation tool to guide, soothe and relax the mind, body and spirit. The beautiful music combined with Sue's soft, soothing and healing voice, will transport you to a comfortable healing realm. I highly recommend it to anyone aspiring to connect with and begin their journey with spirit. Simply Sublime!"

Susana Couso

Essential Health Therapies

*Spiritual/Energy Healer, Master NLP therapist,
Hypnotherapist, Holistic Counsellor, Reiki*

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The Chiara College of Metaphysics

*Established in 1995 to promote education
in the field of Spiritual Metaphysics*

**"Be the change
that you want to see
in the world."
– Mahatma Gandhi**



www.chiaracollege.com

About The Chiara College of Metaphysics

Chiara (pronounced “Ki-ara”) means light and clarity. Our vision is to help shed light and clarity for people on the path to enlightenment.

If you feel inspired to explore the realm of spirit, deepen your self awareness, develop your psychic abilities, and increase your skills, we have courses that can help you achieve your goals. We will teach you, and guide you, to a higher level of consciousness.

- Let your intuition guide you into making the right choices
- Attain prosperity & abundance
- Attain better relationships
- Attain self-empowerment
- Attain your goals in life
- Live your soul vision
- Attain well-being
- Heal others

Visit www.chiaracollege.com for more information and to sign up for our monthly newsletter!



Transformation through learning

The Chiara College of Metaphysics offers diverse courses for students who seek change in their lives. Our courses help you to transform yourself through psychic, spiritual and personal development, and provide you with metaphysical skills to enhance your professional practice and personal relationships.

We offer courses of various durations and levels including Certificate, Diploma and Advanced Diploma courses as well as short workshops.

We also try and run some courses after work hours to fit in with people who have other commitments during the day.

1. Metaphysics

Investigate self-awareness, explore the aura and chakra system to understand how it reflects our conscious and subconscious states and karma, develop your intuition, connect with guides, understand karmic patterns and past-life associations and develop practical life skills to help you move beyond restrictive beliefs and manifest what you want in life. Following this course, you can choose to study Advanced Metaphysics (see www.chiaracollege.com for more information).



*“Inspiring, emphatic, motivating!”
Ana-Marije Bussnik*

*“I really enjoyed the course. It has really helped me to strengthen myself and trust in myself and my visions.”
Adrienne Eastes*

Visit www.chiaracollege.com for comprehensive information on each course or give Sue Bishop a call on 0425 328 135. We’d love to hear from you!

Not quite ready to take the plunge?

Drop us an email at admin@chiaracollege.com and we’ll send you our monthly newsletter so you can stay posted on Sue’s musings and current events!

2. Parapsychology

Continuing the personal, psychic and spiritual foundations gained in Metaphysics, Parapsychology facilitates the connection with the higher self to help you explore the deeper realms of your soul. You’ll explore the paranormal and different dimensional realities, expand your higher consciousness and develop skills to clear lost souls, conduct entity removal and soul retrievals, astral projection and past-life chakra readings.

3. Spiritual Healing

Accredited by The National Federation of Healers This program takes you on a healing journey of the self and for healing others at a practitioner level. Learn how to identify the underlying spiritual cause of ill-health and apply energetic healing to restore a connective state to the mind, body and soul.

4. Need a quick fix?

Why not try one of our short courses or weekend workshops? We run everything from healing to tarot and numerology! Check out www.chiaracollege.com or give Sue a call on 0425 328 135.

